

BECOME A PROFESSIONAL CHEF 3 YEARS CERTIFICATION



CENTRE

Program Accreditation & Recognition Accredited by City & Guilds, London ALFA Culinary Effeverage Academy



LEVEL 1-DIPLOMA IN INTRODUCTION TO PROFESSIONAL COOKERY

The Diploma in Professional Cookery is for anyone who works or wants to work as a chef in the catering and hospitality sector. It is ideal for learners coming straight from school who wish to seek a career in this industry. It is also ideal for those chefs in industry who would like to continue or refresh their knowledge by undertaking topics within the qualification.

COURSE STRUCTURE

| UNIT NUMBER | UNIT TITLE |
|----------------|---|
| 202 | FOOD SAFETY IN CATERING |
| 602 | INTRODUCTION TO EMPLOYABILITY IN THE CATERING AND HOSPITALITY INDUSTRY |
| 6 0 3 | HEALTH AND SAFETY AWARENESS FOR CATERING AND HOSPITALITY |
| 604 | INTRODUCTION TO HEALTHIER FOODS AND SPECIAL DIETS |
| 6 0 5 | INTRODUCTION TO KITCHEN EQUIPMENT |
| 6 0 7 | PREPARE AND COOK FOOD BY BOILING, POACHING AND STEAMING |
| 608 | PREPARE AND COOK FOOD BY STEWING AND BRAISING |
| 609 | PREPARE AND COOK FOOD BY BAKING, ROASTING AND GRILLING |
| 610 | PREPARE AND COOK FOOD BY DEEP FRYING AND SHALLOW FRYING |
| 611 | REGENERATION OF PRE- PREPARED FOOD |
| 612 | COLD FOOD PREPARATION |

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LEVEL 2 -DIPLOMA IN PROFESSIONAL COOKERY

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The Level 2 Diploma in Professional Cookery is for candidates who wish to work in the hospitality industry and already have knowledge of the basic principles of kitchen work, or who can demonstrate commitment and enthusiasm to work and study in order to supplement their existing knowledge. Candidates will be required to display both practical skills and the associated knowledge in order to complete the assessments.

| COURSE STRUCTURE

| UNIT NUMBER | UNIT TITLE |
|----------------|---|
| 202 | FOOD SAFETY IN CATERING |
| 702 | DEVELOPING SKILLS FOR EMPLOYMENT IN THE CATERING AND HOSPITALITY INDUSTRY |
| 703 | HEALTH & SAFETY IN CATERING AND HOSPITALITY |
| 704 | HEALTHIER FOOD AND SPECIAL DIETS |
| 705 | CATERING OPERATIONS, COSTS AND MENU PLANNING |
| 707 | PREPARE AND COOK STOCKS, SOUPS AND SAUCES |
| 708 | PREPARE AND COOK FRUIT AND VEGETABLES |
| 709 | PREPARE AND COOK MEAT AND OFFAL |
| 710 | PREPARE AND COOK POULTRY |
| 711 | PREPARE AND COOK FISH AND SHELLFISH |
| 712 | PREPARE AND COOK RICE, PASTA, GRAINS AND EGG DISHES |
| 713 | PRODUCE HOT AND COLD DESSERTS AND PUDDINGS |
| 714 | PRODUCE PASTE PRODUCTS |
| 715 | PRODUCE BISCUIT, CAKE AND SPONGE PRODUCTS |
| 716 | PPRODUCE FERMENTED DOUGH PRODUCTS |

LEVEL 3 -DIPLOMA IN ADVANCED PROFESSIONAL COOKERY PAGE | 04

The Level 3 Diploma in Advanced Professional Cookery qualification covers the skills and knowledge required for preparing to work in the Hospitality & Catering Industry as a professional chef. It is designed to meet the needs of learners who want to gain an all round learning in the kitchen. The content of the qualification will cover, both, advanced skills and techniques in the kitchen as well as pastry skills allowing the learner to gain further knowledge and learning.

COURSE STRUCTURE

| UNIT NUMBER | UNIT TITLE |
|----------------|---|
| 3 0 2 | THE PRINCIPLES OF FOOD SAFETY SUPERVISION FOR CATERING |
| 870 | SUPERVISORY SKILLS IN THE HOSPITALITY INDUSTRY |
| 871 | EXPLORING GASTRONOMY |
| 872 | ADVANCED SKILLS AND TECHNIQUES IS PRODUCING VEGETABLE AND VEGETARIAN DISHES |
| 873 | ADVANCED SKILLS AND TECHNIQUES IN PRODUCING MEAT DISHES |
| 874 | ADVANCED SKILLS AND TECHNIQUES IN POULTRY AND GAME DISHES |
| 875 | ADVANCED SKILLS AND TECHNIQUES IN PRODUCING FISH AND SHELLFISH |